

GTS Comprehensive Family Security Meeting Checklist

Use this checklist as a guide. During your meeting, review each item, discuss how it applies to your home, and check it off as actions are completed or planned.



GTS SECURITY

1. Physical Home Security

A. General (For All Families)

Secure Entry Points:

Install high-quality deadbolt locks or smart locks on all external doors.

Ensure all windows (including sliding glass doors) are securely locked and reinforced with security film, bars, or specialized locks.

Surveillance & Lighting:

Install cameras or a video doorbell near primary entry points with real-time alerts.

Use motion-activated outdoor lights to illuminate vulnerable areas.

Perimeter Protection & Maintenance:

Trim landscaping to eliminate potential hiding spots.

Schedule regular checks on all security devices (locks, cameras, sensors, alarms).

B. For Stand-Alone Homes

Property Perimeter:

Secure your entire property with a fence or a controlled-access gate.

Visible Deterrents:

Display clear security signage (e.g., "Under 24/7 Surveillance") to discourage intruders.

C. For Estates/Complexes

Shared Security Systems:

Confirm the estate's or complex's security protocols (e.g., access control systems, visitor logs, and integrated surveillance).

Designated Safe Zones:

Familiarize yourself with established safe zones or meeting points provided by estate management.

2. Digital & Cyber Security

General (For All Families)

Secure Your Home Network:

Use a strong, regularly updated Wi-Fi password and WPA3 encryption.

Consider setting up a separate network for smart (IoT) devices.

Account Protection:

Enable two-factor authentication (2FA) on banking, emails, social media, and other sensitive accounts.

Device Updates & Awareness:

Keep all devices updated with the latest security patches and software.

Educate every family member on recognizing phishing scams and suspicious online communications.

Online Privacy:

Regularly review and adjust privacy settings on social media platforms to reduce over-sharing of personal details.

3. Emergency Preparedness & Community Safety

A. General (For All Families)

Emergency Contacts:

Create and maintain an up-to-date list of emergency contacts (local police, fire services, family doctor, and trusted neighbours).

Safe Zones & Evacuation Planning:

Identify safe zones within your home and establish at least two evacuation routes plus a clear meeting point outside.

Practice Drills:

Conduct regular emergency drills (fire, burglary, natural disasters) with all family members.



B. For Stand-Alone Homes

Home Inventory & Documentation:

Keep a current list of valuable items and secure important documents in a safe place.

Neighbourhood Watch:

Consider joining or organizing a neighbourhood watch program to enhance community safety.

C. For Estates/Complexes

Estate Emergency Protocols:

Participate in any estate or complex security briefings; know and follow their emergency procedures.

Use the estate's shared communication channels for real-time security alerts.

4. Children & Personal Safety

A. General Child Safety Education

Personal Details & Stranger Awareness:

Teach children never to share personal details (name, address, phone number) with strangers.

Role-Playing Everyday Scenarios:

Role-play situations such as if someone approaches them on their way to school or in public places, so they know what steps to take.

Safe Communication:

Ensure children know to immediately alert a trusted adult if something doesn't feel right.

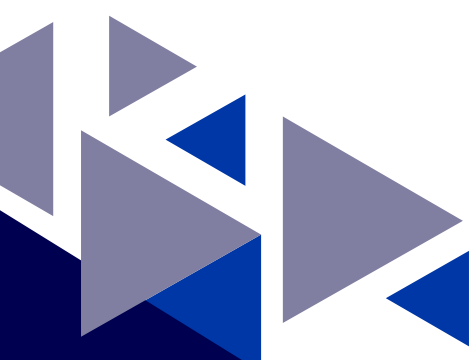
B. Outing, School & Dining Safety

School Outing Safety:

Confirm that your child knows their designated pickup and drop-off locations and the procedure for waiting in safe, visible areas at school.

Dining & Outing Rules:

Instruct children to stay close to a trusted family member when eating out or during family outings. Establish a clear meeting point if anyone gets separated.



Emergency Planning When Out:

Make sure kids know which numbers to call (e.g., Police: 10111; Medical/Fire: 10177) and that they should call home immediately if lost.

C. Sexual Assault, Gender-Based Violence & Grooming Awareness

Recognizing Warning Signs:

Teach children to recognize inappropriate behaviour: unwanted touching, overly personal questions, or requests to keep secrets.

Discussing Personal Boundaries:

Have open conversations about personal boundaries, ensuring children know it's always okay to say "no" and to report behaviour that makes them uncomfortable.

Role-Playing & Emergency Response:

Role-play scenarios where they might need to assertively refuse unwanted interactions and identify a trusted adult immediately after.

Emergency Resources:

Memorize or keep handy important emergency numbers, such as:

- Gender-Based Violence Command Centre: 0800 428 428
 - Childline South Africa: 0800 055 555
 - Police Emergency Line: 10111
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D. Bullying in Schools

Recognize Bullying Behaviours:

Teach children to identify bullying signs (name-calling, physical aggression, exclusion).

Handling Bullying:

Encourage them to report bullying to a trusted teacher, school counsellor, or parent immediately.

Practice assertive responses, like calmly saying "stop" or walking away from the situation.

Creating a Supportive Environment:

Discuss with your child the importance of seeking help and support if they or their friends experience bullying.

E. Personal Outing & Self-Defence

Vehicle & Outing Safety:

Ensure that vehicles are locked and valuables are not visible. Consider using GPS tracking apps on smartphones.

Self-Defence Training:

Explore age-appropriate self-defence classes or personal safety apps for older children and adults.

Final Tips

- **Review Regularly:**

Security is an ongoing process. Set a schedule (e.g., every six months) to review and update this checklist.

- **Customize to Your Needs:**

Adapt each section based on your home layout, family routines, and specific estate or complex guidelines.

- **Encourage Open Discussion:**

Make sure every family member, including the kids, feels comfortable discussing concerns, ideas, and experiences. This shared responsibility makes your home safer.

